

Basic Triad Sweeps

1

Cm G

Gtr I

T 3 3 4 3 3 3

A 5 4 4 5 4 3 3 4

B

2

A Am

Gtr I

T 9 9 10 9 9 10

A 11 11 12 12 10 10 12

B 12 12 12 12 12

D Major Scale Sweep picking exercise

3

D Em F#m G A Bm

Gtr I

T 2 5 7 3 5 7 5 9 10 7 8 7 9 10 9 12 14 10

A 4 2 3 4 5 6 7 7 6 7 9 10 11 9 10 12 14 10

B 5 4 5 7 9 7 6 7 9 10 12 11 10 12 11 9 10 12 14 10

H sl. P sl. H sl. P sl. H sl. P

4

C#m D

Gtr I

T 12 14 12 15 17 14 15 14 16 17

A 11 12 14 14 12 14 15 14 16 17

B 14 16 14 14 12 14 15 14 16 17

H sl. P

Keep the picking wrist stiff on both the downward and upward motion